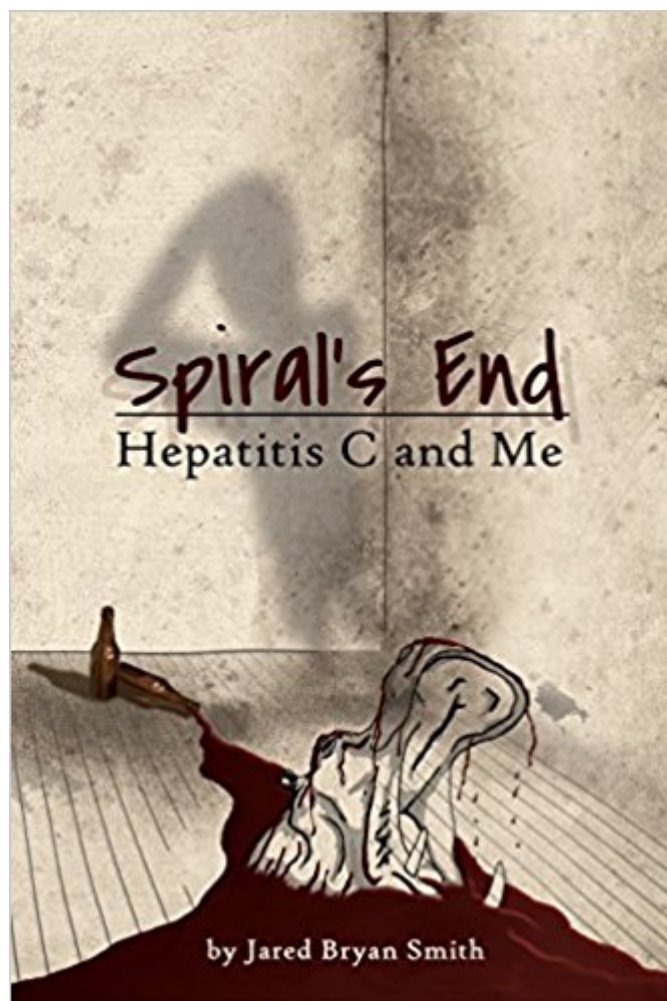


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Spiral's End: Hepatitis C And Me



Synopsis

A poignant true addiction story covering all the facets of tragedy and ultimately triumph over the insidious family disease of alcoholism and addiction. Follow Jared Bryan Smith's journey to insanity and beyond as he jumps off of a bridge and lands in the looney bin and ultimately Alcoholics Anonymous. The 17 years of drug abuse abates, the fog clears and he learns he is Hepatitis C positive, his liver is failing and he has no health insurance for the 3 thousand dollars a month Interferon treatments required to save his life. A miraculous story of a tormented soul released from a literal hell. An exciting read that will leave you breathless, and inspire you with perseverance, and faith as Jared Bryan Smith details the path to hell and back, in all its gory intricacy as he tries his best to explain the unexplained thought process of a man driven mad by the drink. Chronicling his descent into madness, the author takes you back through his life, born into an alcoholic family, witness to his fathers steady downward spiral, ending with a .357 to his head at the age of 37 when the author was 11 years old, and his inability to stop the cycle. By his teens he is in and out of Juvenile detention, standing before Judge Hatchett of Atlanta on more than one occasion, running after the Grateful Dead, selling LSD, cocaine, marijuana, ecstasy and opiates by the time he was a late teenager, this story will not cease to keep your interest as you cringe, cry, and laugh at his obsessions, tragedies, miracles and in the end his recovery. The rooms of Alcoholics Anonymous are welcoming in his late 20's as he struggles to finally stop for good, and return to sanity, and Jared Bryan Smith does a good job of explaining the 12 Steps of AA to the layman, the uninterested, the skeptic, the critic, or even the full blown atheist or non believer. Where two or more people gather to accomplish a stated goal, there stands a better chance than one alone, and by using only this mantra in his head, he is able to have hope, and work the 12 Steps of Alcoholics Anonymous, cease fighting or debating, and ultimately recover, and have the obsession to drink and drug completely removed from someone who drank and drugged daily for close to 20 years. Discovering Hepatitis C, he documents his trials and tribulations through the painful Interferon process with great detail, and anyone suffering through Hep C, or who knows someone who is or will be taking Interferon could greatly benefit by reading or suggesting this book, which is why the author also made it available completely for free via google search.

Book Information

Paperback: 432 pages

Publisher: Books For Free, LLC; 2 edition (July 1, 2016)

Language: English

ISBN-10: 0984595597

ISBN-13: 978-0984595594

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,309,791 in Books (See Top 100 in Books) #49 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Hepatitis](#) #405 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Gastroenterology](#) #1888 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism](#)

Customer Reviews

I wish -- probably because I'm an addict at heart-- that you could put in a pill the way I felt after working up to step six, and could give the pill to suffering alcoholics and addicts, and let it last one hour. The way they would feel for that hour would make them want to get sober no matter what the pain. - Jared Bryan Smith

"Moreover, I, on my side, require of every writer, first or last, a simple and sincere account of his own life, and not merely what he has heard of other men's lives; some such account as he would send to his kindred from a distant land; for if he has lived sincerely, it must have been in a distant land to me."--Henry David Thoreau, *Walden Pond*

This was one of the best addition memoirs I've read. The only reason for only 4 stars is the beginning of the book was confusing and forced me to skip entire paragraphs until some cohesion was established. I suggest reads not give up as the book was truly a great read.

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